

Be a Youth First Family

Resources from Youth First Social Workers and Programs for parents and caregivers to use in the home.

Elementary School Kids

Five Senses Activity



Watch your child activate the 5 senses!

Use a piece of paper or a piece of poster board and have your child find various items you have around the house to glue/tape different images in each category. They can draw pictures if you do not have anything to glue or tape!

Have your child identify objects they can use that are soothing for touch, vision, taste, sound, and smell.



About Youth First, Inc.:

Youth First's mission is to strengthen youth and families through evidence-based programs that prevent substance abuse, promote healthy behaviors, and maximize student success. Youth First partners with 81 schools across 10 counties to provide 60 Master's level social workers who assess needs, develop and implement prevention plans, and connect students and their families to community resources. Youth First also offers afterschool programs involving parents and caregivers to strengthen families. For more information about Youth First, please visit youthfirstinc.org or call 812-421-8336.