

Be a Youth First Family

*Resources from Youth First Social Workers and Programs
for parents and caregivers to use in the home.*

Middle School Kids

Thoughts on Friendship

Use the questions below to have a conversation about friendship with your teen. Take turns asking each other the questions so you can both share.

- 1) What does it mean to be a friend?
- 2) What are the qualities of a good friend?
- 3) Why is it important to have good friends?
- 4) Tell about a time when a friendship didn't work out and why.
- 5) Tell about a time when you really came through for a friend.

Follow up:

1. What was it like sharing your experiences? How were you feeling?
2. What was it like hearing someone else's experiences with friendships? How were they different than your own or the same?
3. What did it mean to you to share your experiences, beliefs and actions?



About Youth First, Inc.:

Youth First's mission is to strengthen youth and families through evidence-based programs that prevent substance abuse, promote healthy behaviors, and maximize student success. Youth First partners with 81 schools across 10 counties to provide 60 Master's level social workers who assess needs, develop and implement prevention plans, and connect students and their families to community resources. Youth First also offers afterschool programs involving parents and caregivers to strengthen families. For more information about Youth First, please visit youthfirstinc.org or call 812-421-8336.